



**Miami Beach
& PARKS
Recreation**

Sunday, March 20, 2005

Starting Time: 7 am

1200 Michigan Avenue

305-673-7766

Participants will begin in heats of 8

City of Miami Beach

Parks & Recreation

Challenges You

To Participate

In the First Annual

FLAMINGO PARK
DUATHLON
03•20•2005

**1 Mile Run
1/2 Mile Swim
1 Mile Run**

Divisions (Male/Female) \$35

Under 17	30-39	50-59
18-29	40-49	60 +

Trophies awarded to overall male/female and winner of each age division.



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